git remote -v (check which repo are you in)

git checkout -b yiqing (create your own branch)

git checkout master (go back to master branch)

git checkout yiqing (go to your own branch)

git push -u origin yiqing (push change in this way instead of directly git push)

# If your local repository is behind and you wish to overwrite with git pull

git fetch –-all (downloads the latest from remote without merge)

git reset –-hard origin/master OR git reset –-hard origin/<branch\_name> (resets the branch with that you just downloaded)